

## New self-study book emphasises the importance of disease control

Bettercare books provide self-powered continuing education for all healthcare workers without the costs of courses and workshops and a strong focus on how to work effectively in difficult conditions. Its latest book, entitled Infection Prevention and Control, gives practical guidance and case studies in a range of important areas, including dealing with microorganisms, risk management, waste management, outbreak investigation and more.

The book is the work of three professionals who are equipping these professionals to do their work well and safely.

Dr Angela Dramowski, a paediatric infectious diseases expert, led the writing process, motivated by her team's work at the Unit for Infection Prevention and Control at Stellenbosch University. She partnered with Professor David Woods, who leads the Perinatal Education Programme (PEP) and Professor Shaheen Mehtar, a retired Infection Prevention and Control expert who remains actively involved with the Infection Control Africa Network (ICAN) and World Health Organisation (WHO) working groups. Together, they have written a self-study book that will help healthcare workers inexpensively and efficiently on the front line.

The book has already been welcomed by healthcare leaders in South Africa, Egypt and Australia. Simon Schaaf, a professor at Stellenbosch University, points out that proper IPC is often neglected, "It is often the obvious that is most neglected and this book will reinforce the basic IPC measures that we all in healthcare should know and be practicing."

To read the book free online or order copies, go to <a href="http://bettercare.co.za/books/infection-prevention-and-control/">http://bettercare.co.za/books/infection-prevention-and-control/</a>.

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