

Breathtaking views at the Knysna Forest Marathon

The Momentum Cape Times Knysna Forest Marathon will take place on Saturday, 9 July, 2016, as part of the Pick n Pay Knysna Oyster Festival, which runs from 1 to 10 July and offers highlights found in no other race anywhere in the world - particularly the scenery as most of the run takes place deep in the forest. Whether they compete in the half (21km) or the full (42km) marathon, runners can expect breathtaking views over the Knysna lagoon towards the Knysna Heads.

Local taxis provide participants with a trip to the start. Early arrivals will enjoy a hot drink and snacks next to warming fires, courtesy of Pick n Pay. Participants are encouraged to arrive dressed warmly due to the early start of the race when temperatures in the forest are bitterly cold.



Donating blankets

As in previous years, Momentum will be donating 2000 blankets to keep runners warm at the start. (First come, first served - so come early). The added bonus is that once the race starts the blankets are then collected up and donated to charities supporting families in local communities in Knysna. There is also a great tradition of people leaving behind the warm clothing that they wore to the start. It would be great if runners could be encouraged to wear or bring kit to donate.

Entries can only be secured online at www.knysnamarathonclub.com

Pricing

- Half Marathon entries cost R120 (sold out)
- Full Marathon entries cost R130 (limited entries)

For the full programme and details about the event line-up, as well as registration and ticket costs, go to www.pnpoysterfestival.co.za or follow the Pick n Pay Knysna Oyster Festival on Twitter [@OysterFestival](https://twitter.com/OysterFestival) or on [Facebook/KnysnaOysterFestival](https://facebook.com/KnysnaOysterFestival) for daily updates.