

See: Under Armour hosts Mental Strength Symposium in Cape Town

On 3 Friday 2022, Under Armour hosted its Mental Strength Symposium: Through 2021 in Cape Town, where Under Armour athletes shared their unique challenges and triumphs following a year of uncertainty both on and off the sports field. Guests were treated to an exclusive panel discussion hosted by sport commentator Matt Pearce, featuring Siviwe Soyizwapi, Kevin Lerena, Olympic gold medalist Tatjana Schoenmaker and world record-breaking paralympian Ntando Mahlangu.















Guest speaker Brandon Beack, who found himself lying paralysed in a hospital bed at the age of 14, his dreams of becoming an Olympic gymnast devastated, shared his story of mental strength, sticking to the UA mantra, 'Only Way is Through', which highlights the mental strength required of athletes, brands and businesses to be the best.

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