

# Why more food, toiletry and beauty companies are switching to minimalist package designs

By [Lan Anh Nu Ton](#)

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For decades, marketers of consumer goods designed highly adorned packages, deploying bold colors, snazzy text, cartoons and illustrations [to seize the attention of shoppers](#). Conventional wisdom held that with thousands of products competing against one another in the aisles of big box stores and supermarkets, companies needed to do everything in their power to make their products stand out.



Source: [www.unsplash.com](https://www.unsplash.com)

But recently, there's been a move toward simplicity. The stripped-down packaging you'll often see is reminiscent of [the minimalist art](#) that flourished in the 1960s. A reaction against overly complex, representative works, the art that emerged in this period was characterized by sparseness and abstraction. Any elements deemed unnecessary were removed.

What's behind the move toward elegant but uncluttered packaging designs? [Recent research I conducted](#) with marketing professors [Rosanna K. Smith](#) and [Julio Sevilla](#) explored whether shoppers actually prefer this packaging – and, if so, why.

## When less is more

First, we wanted to see if shoppers were willing to pay more for products in these packages. So we analysed over 1,000 consumer goods, such as shampoo, deodorant, crackers and cereal, from the largest supermarket chain in the US.

We had two research assistants code for the extent to which the packaging design was simple or complex. We then averaged their ratings to create a measure of packaging design simplicity. From this data, we found that products in simple packaging generally had higher retail prices than similar products that didn't. The higher retail prices indicate that shoppers are [willing to pay more](#) for products in this packaging.



#BehindtheSelfie: Lebo Mothobi-Tilo, marketing director at Tetra Pak

Karabo Ledwaba 26 Oct 2023



Next, across a series of experiments, we recruited students from a public university. We asked them to look at different packaged products, tell us how much they were willing to pay for those products, how many ingredients they thought the products might have, and how pure they perceived the products to be.

We found that the preference for simple packaging was due to the fact that pared-down designs sent a subtle yet powerful signal: purity. This happened because the simplicity of the product package made participants more likely to assume that the product contained fewer ingredients, along with fewer preservatives, added colours or artificial flavours.

People will pay a premium for products that don't have additives or chemicals, [whether it's food cleaning supplies or soaps](#). And this may explain why the study's participants were willing to fork over more cash for products that appear in simple packages – regardless of whether they actually contain fewer ingredients.

Several brands illustrate the ability of simple packaging to attract shoppers.

Kashi's cereal boxes employ a muted color scheme and avoid overloading the package with claims or extensive product descriptions. [Siggi's yogurt containers](#) embrace white spaces, muted colors and straightforward imagery, highlighting only the crucial product details.

[Native deodorant and body wash packaging](#) stands out with its clear background paired with concise typography. And hair care brands [such as OUA](#)

[and Hims](#) often use muted colors and simplistic typography to succinctly present information about their products.

## When less is less

However, simple packaging design is not always effective. We found that products from [generic brands](#) fail to reap the same premiums from minimalist packaging. A product from a generic brand is one that does not have a brand name and is typically sold at a lower price than name brand equivalents.

In the case of these products, the simplicity of the packaging seems to align with [customers' beliefs](#) that generic brands invest less in the quality of their products. So it's possible that the simplicity of generic product packaging signals a lack of investment in the product rather than fewer chemicals or food additives.

The desires of shoppers can also influence the preference for simple packaging. When people seek healthier options, we found that they'll pay more for products with simple packaging. However, when consumers want to indulge in junk food, they'll be more inclined to purchase products with complex packaging, which signals many ingredients and lower purity – [qualities associated with more flavour](#).

So when it comes to minimalist aesthetics, less can often be more. But in some cases, less is simply less.

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